

E-Bulletin - February 2009

Happy New Year to you all and welcome to the first E-Bulletin of 2009. There are loads of opportunities to get fit and healthy this February in Tameside. We have walks, a cycle event and even new street dancing classes under **dates for your diary**. There is also the opportunity to get your group on Tameside Radio and a free printer available in our **news section**.

We have the latest **Funding Bulletin** and T3SC's comprehensive **free training programme**. Plus the latest **guidance and legal information** for groups



The E-Bulletin is monthly and free to subscribers, if you would like to subscribe and make sure the next issue goes straight to your inbox please email Hannah.powell@t3sc.org .

If you would like an article to be included in the T3SC E-Bulletin the **next deadline is 20 February** and it will be sent out at the beginning of March. Please send any items to Hannah Powell.

If you would rather read the E-Bulletin online to allow you to flick easily from section to section please go to:
www.t3sc.org/February09E-Bulletin-contents.htm



Please don't print this PDF unless you really need to.

See our **E-Bulletin page** for archived issues www.t3sc.org/e-bulletin.htm

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News

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We welcome Ben to T3SC

Ben is the new Policy and Participation Manager at T3SC.

'T3SC's Policy and Participation Team wants to make sure that voluntary and community groups get their voice heard on local issues. My role is to manage the team supporting the range of different networks in Tameside

(www.t3sc.org/networks.htm) and their representatives in decision making processes.



Together we organise Voice – the network of networks – which is a great way to learn more, meet others and get involved so do get in touch to find out more. My background is in international development work and helping young adults to speak up about poverty issues.'

Ben Gilchrist

Policy and Participation Manager T3SC

Jobs in the local voluntary and community sector!

The jobs page www.t3sc.org/jobs2.htm currently has some great opportunities. There is a Team Leader for Community Involvement at Hattersley Children's Centre, a Service User Development Worker for Rochdale and District Mind based in Tameside and the Development Manager at Hyde Bangladeshi Welfare Association deadline has been

extended. This page is constantly updated so keep checking. If you want to advertise a voluntary and community sector job on our jobs page please email hannah.powell@t3sc.org

T3SC goes multi-lingual

We now have information on our website in Gujarati, Bengali and Urdu. Our front page www.t3sc.org contains a leaflet on T3SC in all of these languages and we also have information on substance misuse as part of our Drugs and Diversity work in Gujarati, Bengali, Urdu and English - www.t3sc.org/diversitydevelopmentwork.htm



Community organisations to increase their participation in Tameside Radio

Tameside Radio has now been live on air for 16 months. There has been a steady increase in community content during that period but there is much much more we can all do together.

To this end we are planning to increase the direct activities of individual community groups whereby they can participate more in the spoken content of our broadcasts.

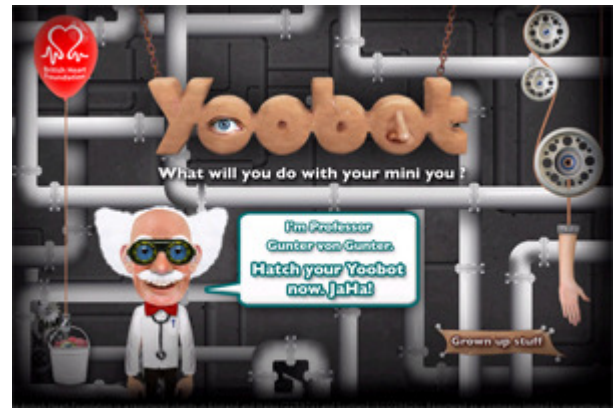
'I am planning to attend as many community groups' management committees as possible in 2009. Following this meeting, we would like every organisation to identify a volunteer reporter who is willing to be trained by us to script, edit & record their organisation's personal message(s). This can be anything from your recruitment of volunteers to informing the community of the services offered by you, or maybe advertising an event you are planning? I am endeavouring to contact all groups as soon as possible but if any organisation would like to contact me before I get chance to contact you, please do so at maria@tamesideradio.com or ring 078 7757 5200'

Maria Bailey
Community Outreach Officer, Tameside Radio

Yoobot helps children think about what they eat

There is a new resource for those of you working with young people that looks at the effects of physical activity and diet on long term health. It is called Yoobot and has been designed by the British Heart Foundation. The Association of Public Health Observatories describes it as:

'A free game and learning tool that the British Heart Foundation have developed to help children think more about the food they are eating and take more responsibility for their own health. The main aim of Yoobot is to encourage children to consider the long term consequences of their current food and activity choices – by offering them a chance to experiment with their future. Yoobot is designed to allow a child to experiment on their mini version of themselves with a range of diets and exercise regimes. The nutritional content and physical benefits of exercise are modeled on real data in order to give the experience a degree of realism.'



The website is very informative as well as being a lot of fun.

<http://yoobot.co.uk/>

Bruce Poole

Health Improvement Manager, Tameside Metropolitan Borough Council

Do you provide a service/activity for families, children, or young people?

New friendly information sharing guidance has just been published!

The guidance is for front-line staff who have to make decisions about sharing personal information on a case-by-case basis, whether they are providing services to children, young people, adults and/or families; working in the public, private or voluntary sectors, as an employee or a volunteer. The guidance is also for managers/co-ordinators who support staff in their decision-making and for others with responsibility for information governance. Appropriate information sharing ensures that, services that are coordinated around the needs of the individual, get the right help at the right time.

Hard copies are of the new guidance are available to order.

Order details and further information available at:

www.ecm.gov.uk/informationsharing or at

www.teachernet.gov.uk/publications; alternatively please contact David Hoyle on 0161 342 2730.

Free Printer for a good home

Could your group do with a printer? If you want to print short documents or emails or scan images this printer could be for you. It works fine printing

single sheets and short docs of 3-5 pp but does have problems with large documents.

It's is a Hewlett Packard HP LaserJet 1100A and also has a copier and scanner facility for single sheets or images. Instructions included.

For more information and to arrange collection contact Stephen at: youngenvironment@btinternet.com

Topaz@Mind extended evening opening hours

This Spring sees the launch of extended evening opening hours at Topaz@Mind. This is for one to one appointments (a private meeting to discuss your issues), counselling and courses. The centre has been open for counselling on a Monday and Thursday evening for some time, but is extending the range of services on offer during those evenings.



We are also opening an extra evening a week. We now open until 7pm for the following days: Mondays for counselling and courses; Tuesdays for counselling and courses and Thursdays for one to one, counselling and courses. We will be developing these evening services over the next few months.

To meet this demand, we are also recruiting volunteers to assist with the extended evening hours, whether as a reception and admin worker, one to one worker, counsellor or course facilitator. So if you would like to volunteer in an evening to fit around your other commitments, these roles could be for you.

For more information, Tel: 0161 330 9223; email: office@tgmind.co.uk; visit our website at www.topaz-ashton.org or visit us at 216-218 Katherine Street, Ashton-under-Lyne. OL6 7AS

Two new Neighbourhood Inspectors in Tameside



Inspector Claire Galt replaces Kevin Rankin as Neighbourhood Inspector for Tameside West covering Droylsden, Denton and Audenshaw. Inspector Rankin takes over as Tameside South's Neighbourhood Inspector responsible for Hyde, Longendale and Hattersley.

Inspector Galt said: 'I am looking forward to the many challenges that lie ahead and working together with the local community and partners in the West Neighbourhood.'

Inspector Bill Callaghan takes over from Inspector Tony Alogba as Neighbourhood Inspector of Tameside East covering Mossley, Stalybridge and Dukinfield.

Inspector Callaghan said: 'I am looking forward to facing a new challenge and to improving the life of the people who live, work and travel in the East Neighbourhood and making a difference with our officers and partnership agencies.'



For more information contact: Russell Lawson, Tameside Divisional Communications Officer, on 0161 856 9249/2284 or 07825 116728

Useful information and new resources

- Made simple guides for Finance Directors
 - Consultation on time off for public service
 - Planning for sustainability
 - Innovation, public services and the voluntary sector
 - Recipes for community representation - what ingredients do you need?
 - Working in a consortium - A guide for third sector organisations involved in public service delivery
 - NHS standard contracts update
 - Financial support for small businesses open to charities
 - Commissioning possible
 - Employment law summary
 - Occupational Standards for Development Workers and Community Development Workers
 - Statutory Annual Leave entitlement change
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Made simple guides for Finance Directors

A range of 'made simple' guides are available from Sayer Vincent accountants in association with Charity Finance Directors Group. Although aimed at Finance Directors, they are useful for anyone interested in the topics. Subjects covered include:

- Employee and volunteer taxation
- VAT
- Risk assessment
- Grants and contracts
- Gift aid.

For more information: <http://tinyurl.com/6uw9el>

Consultation on time off for public service

The government are doing a consultation exercise through Communities in Control. They are looking at extending the right to time off to people serving in a wider range of civic roles with a view to implementation by secondary legislation in April 2009 and consideration of non-regulatory ways to encourage people to take on roles in third sector organisations.



For more information, and to respond to the consultation got to www.communities.gov.uk/publications/communities/timeoffconsultation



Planning for sustainability

Charity Bank in the North are running free events on financial sustainability for third sector organisations.

Workshops at a variety of locations in Yorkshire in February and March, plus behind the scenes access to a leading local social enterprise, The Big Life Group, on 2 April.

For more information: www.charitybank.org/workshops

Innovation, public services and the voluntary sector

The Public Service Delivery Network are holding a conference in London on March 3rd, entitled Transforming together: Innovation, Public Services and the Voluntary Sector.



The voluntary sector's involvement in public service delivery is growing. This conference will allow public and voluntary sector organisations to jointly explore, share and learn from successes and challenges of delivering innovative services.

For more information, including how to book: www.ncvo-vol.org.uk/events/latest/?id=11014

Recipes for community representation - what ingredients do you need?



Urban Forum is collaborating with NAVCA (National Association for Voluntary and Community Action) to run a series of events to help voluntary and community groups to increase the effectiveness of community representation in their area. The next event is in Leeds on 24 March in Leeds.



Details can be found at: www.navca.org.uk/events/commrep.htm

Working in a consortium - A guide for third sector organisations involved in public service delivery



The Office of the Third Sector has produced a guide to consortia for third sector organisations involved in public service delivery. This guide includes a range of options and different approaches to working collaboratively, background information and further support.

For more information: <http://digbig.com/4xyyq> or www.cabinetoffice.gov.uk/thirdsector

NHS standard contracts update

Department of Health standard contracts are being introduced for both generalist community services and specialist mental health services. From April 2009, or when the current contract expires following this date, all providers that are contracted to deliver these services will be required to use the new standard contracts.

www.navca.org.uk/localvs/lcp/news/nhsstandardcontracts.htm

Regional workshops are being held in January and February to discuss and provide support around the implementation of the new NHS standard contracts for community and mental health services.

Thursday 5 February at Bolton F.C

Wednesday 18 February at Birmingham F.C

For more information and online booking:

www.pcc.nhs.uk/eventmanager/uploads/1094/flyer_1094.doc

Financial support for small businesses open to charities

A £20bn financial support package for small businesses launched on Wednesday 14 January by the Government can be accessed by third sector organisations, business secretary Peter Mandelson has promised.

For more information about the support package can be found at www.businesslink.gov.uk/realhelp

Commissioning possible

GMCVO (Greater Manchester Centre for Voluntary Organisation) has produced a report based on 20 in-depth interviews with third sector organisations in Greater Manchester about their experience with public sector commissioning.



For more information: www.gmcvo.org.uk/?q=node/1098

Employment law summary

CIPD (Chartered Institute of Personnel and Development) has updated its factsheet on current employment law developments to summarise the main changes in 2008 and those expected in 2009.



For more information: www.cipd.co.uk/subjects/emplaw/general/legaldevs.htm

Occupational Standards for Development Workers and Community Development Workers

The Federation for Community Development Learning is working in partnership with LLUK (the Lifelong Learning Sector Skills Council) to undertake a review that will result in new occupational standards defining what is good quality community development work practice for the next five years or so.



The consultation runs until 27 February. To download the draft standards and a comment form go to: www.fcdl.org.uk/NOS_Consultation

The Workforce Hub is developing a new set of National Occupational Standards for Development Workers in infrastructure organisations, who support other voluntary and community groups and organisations to develop their capacity and become more effective.



The draft standards and questionnaire (to be completed by 16 February) are available via: www.ukworkforcehub.org.uk/dwnosconsultation

A consultation event will be held in London on 12 February.

For more information: Email: esther.gillespie@ukworkforcehub.org.uk

Statutory Annual Leave entitlement change

Statutory annual leave increases from 1 April, from 4.8 to 5.6 weeks (that's 24 to 28 days). This can include the eight bank holidays.

For more information:

www.sandy-a.co.uk/employment.htm#annualleave or Business Link <http://tinyurl.com/9v7p7y> guidance, with templates for notifying workers of the change and how to calculate entitlement for part-time and other atypical workers.

The above news was resourced from:
VolResource newsletter www.voluntarynews.org.uk
Third Sector www.thirdsector.co.uk/ and
NAVCA LINX www.navca.org.uk/publications/linx/

Funding

- **Funding Bulletin**
 - **Meet the Funder - Sports and physical activities Theme!**
 - **Get your Youth Action Grant application in now**
-

Funding Bulletin

Our latest compiled Funding Bulletin is available at www.t3sc.org/February09E-Bulletin-Funding.htm

To look through archived funding bulletins go to our funding page:

www.t3sc.org/funding2.htm. It also contains factsheets on completing applications and themed funding guides for children and young people, older people and buildings amongst others.

If you are looking for funding and can't find exactly what you are looking for here we have the FunderFinder and GRANTFinder database at T3SC which you are free to use. Or you could use our **Resource Room** to fill in your application form, have a cup of tea, use the excellent resources and get some support.

T3SC (Tameside 3rd Sector Coalition), St Michaels Court Stamford Street Ashton OL6 6XN, Tel: 0161 339 4985, email: hannah.powell@t3sc.org

Meet the Funder - Sports and physical activities Theme! **Thursday 26 February 2009, 5.30pm – 7pm at T3SC**

Come along to meet Sports Development Team from Tameside Council and find out about funding for sports clubs and physical activities in Tameside.



Information on Tameside Sports Club Development Fund, Foundation for Sports and Arts, Football Foundation, The Kellogg's Active Living Fund and many more!

Don't miss out on this fantastic opportunity to find out more about funding that may help your club or group keep active!

Refreshments will be provided.

If you would like to attend please contact Naomi Creed on naomi.creed@t3sc.org or call 0161 339 4985.

Get your Youth Action Grant application in now

Who for? Youth Action Grants are available for projects involving young people between the ages of 11 and 19. Grants can be for either project or running costs, but young people must have been involved in deciding what is to be funded within the group.

How much? Up to £1,000 is available to voluntary or community groups and the application form is simple to complete.

Closing date: for the next round of applications is 26 February, and the grant Panel will meet on 12 March.

For more information: contact Stuart Vaughan at T3SC, Tel: 0161 339 4985, email: stuart.vaughan@t3sc.org

Local community groups and networks to join

- **VOLCON - (Voluntary Organisations Chief Officers Network)**
- **Want to become a Health & Social Care Champion?**
- **Big Cheese - A network especially for Chairs and Vice-Chairs**
- **Tameside Green Interest Group's first meeting**
- **Stalybridge Voluntary Twinning Association needs committee members**
- **Help Friends of Copperas Field create an oasis**
- **CASPER needs new members**

VOLCON - (Voluntary Organisations Chief Officers Network)

2009 will undoubtedly present a number of challenges to the voluntary and community sector, nationally and locally. VOLCON - Tameside's network for Chief Officers and Managers of voluntary organisations provides an opportunity for managers and staff in senior positions to discuss (and respond) to those challenges, network with colleagues facing similar challenges and gain peer support. Over the last year approximately 20 different organisations locally have benefited for VOLCON.

Who is VOLCON for?

VOLCON is the Tameside network open to any Chief Officers, Deputies and Managers from voluntary or community organisations operating in Tameside.

What's in it for me?

- A nice buffet lunch and a chance to escape the office
- An opportunity to meet and network with colleagues
- Policy and information briefings and updates relevant to your organisation
- Occasional guest speakers on subjects relevant to the local sector
- An opportunity to outline your needs and issues, and how T3SC can help represent your views and support your organisation
- Updates on current funding and tendering opportunities

2009 VOLCON dates for your diaries

Wednesday 11 February

Thursday 14 May

Thursday 10 September

Thursday 10 December

Meetings will start at 12pm until 2pm. A buffet lunch will be available from 11.45am.

For more information, contact Tony Okotie at T3SC on 0161 339 4985 or email tony.okotie@t3sc.org

For more information on other networks in Tameside see our Networks page: www.t3sc.org/networks.htm

Want to become a Health & Social Care Champion?

Tameside LINK (Local Involvement Network) is now up and running and we need YOU to get involved and help us make Tameside's health and social care services better for everyone.



The LINK is open to any resident or voluntary and community group in Tameside and there are loads of ways for you to get involved, from just giving us your views about the services you receive, to responding to consultations on services, to getting involved in one of our working groups or joining the LINK Board and helping to shape the work the LINK carries out!

The LINK will be holding its **launch event** at Hyde Town Hall on **Thursday 12 March**. There will be a number of workshops, plus stalls giving health and social care information and advice and free health checks! There will also be a Health Question Time with local health and social care professionals taking your questions.

The LINK has real powers which will make it a strong and effective voice for the local community and the people who run your local services have to listen to what it says, meaning you really CAN make a difference.

To find out more, to get involved or to register for the launch event, call 0161 339 4985 or email tamesidelink@t3sc.org website: www.t3sc.org/LINK.htm

Big Cheese - A network especially for Chairs and Vice-Chairs

The Big Cheese is a great opportunity for Chairs and Vice-Chairs to share experiences and problems with your peers and pick up new practical tips to make the most of your role!



Next meeting: 11 February, 6.30 – 8.30pm at T3SC

Focus of session: Building an effective-team and motivating other committee members

For more information or if you want to come along, please contact Naomi on 0161 339 4985 or email naomi.creed@t3sc.org

Tameside Green interest Group's first meeting

The first meeting of a new 'Green Interest Group' will take place from 7pm-9pm on Tuesday 17 February 2009 in the 'Billy' Room at IKEA, 111 Wellington Rd, Ashton-under-Lyne, OL6 7HS.

A room has kindly been made available free of charge by IKEA. It is situated near to Ashton Bus and Train Stations and there are parking facilities at IKEA.

What we will cover?

How often we will meet and what we will cover will be decided at the initial meetings.

Everyone is welcome to come along and make suggestions and we will take it from there. My personal view is that we look primarily at Tameside-wide Earth-Land-Environmental issues, Green and Open Spaces, land use, trees, plants and wildlife in the Urban

Environment. Also Water and Air issues such as fluoridation and incineration.



For more information: contact Starlord, Tel: 0161 338 8465.

Stalybridge Voluntary Twinning Association needs committee members

Stalybridge and Armentières have been twinned since 1953. Thousands of people

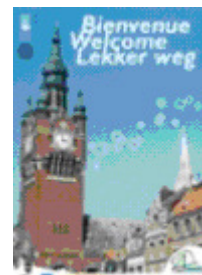


from Tameside have exchanged visits with people from Armentières. The Voluntary Twinning Association currently needs the following:

- A Secretary.
- A travel coordinator for the annual sports exchange.
- Publicity officer for various twinning events.

We include the whole of Tameside in all our activities, not just Stalybridge.

For more information: Contact Eileen, email: svta@firenet.uk.net,
Tel: 0779 2325 877



Help Friends of Copperas Field create an oasis

Friends of Copperas Fields are hoping to transform Copperas Field (an underused field) into a green oasis in Droylsden to be used by the whole community.

'We are a group of volunteers that have banded together to form a committee from people on either side of Copperas Lane Playing Field Droylsden.



The field is situated between what is known locally as John Street estate and Buxton Lane estate. We feel that the field is mostly unused. This is a waste and with funding, determination and a lot of good will we hope transform the area into a space that can be utilised in a way that can benefit the surrounding area.

We aim to try to make the field a safer environment for activities to suit all ages and the wildlife. We had a 'Fun Day' last year which we are pleased to say was a success and look forward to having more days like it in the future.'

To find out more about Friends of Copperas Field and join them contact Graham Halliwell, email: grahamhalliwell@hotmail.co.uk

CASPER (Communités across St. Peters) needs new members

Do you want to join us and help provide quality activities and



training in your area?

Would you like to help bring our diverse community together?

We are looking for members of St. Peters' community who can attend committee meetings to help plan, organise and help carry out activities for children and families of all ages.

For an informal chat ring Nikki Spiers on 07884053336 or email casper.stpeters@googlemail.com or come and join us on the 1st Friday of every month!

Next meeting 6 February, 9.30am-11.30am. Limited crèche places available along with plenty of refreshments!

Training

- **T3SC's February Training**
- **Volunteer Centre Training**
- **Child Protection Basic Awareness Course**
- **Do you work with families, children and teenagers?**
- **Supporting Recovery workshop**
- **Level 3 City and Guilds - Qualification in Youth Work**
- **Free community training - Sustainability and the built environment**

T3SC February Training

February

Legal structures

24 February, 12pm– 2pm at T3SC

Have you got the right legal structure for your organisation? Many groups have constitutions that were put together years ago, some groups don't know they can become a registered charity. Some groups want to start getting their own money in so they don't have to rely on funding anymore, so becoming a business might be the way forward.

If you're unsure about your group's legal structure then this event is for you. If you need to ask some questions but thought you might sound daft then here is your opportunity.



Where?

The session above will take place at T3SC, St. Michael's Court, St. Michael's Square, Stamford Street, Ashton-under-Lyne, OL6 6XN

To book contact Dawn or another member of Support and Development Team on 0161 339 4985 or email dawn.acton@t3sc.org

Volunteer Centre Training



Risk Assessment

5 February at the Volunteer Centre Tameside, 95-97 Penny Meadow, Ashton-under-Lyne

The training is free to all voluntary and community sector groups.

To book on the above course, or for more information on this or any other training requirements your organisation may have contact David or Riona on 0161 339 2345.

Child Protection Basic Awareness Course

The next child protection basic awareness course will be held at Hurst Community Centre on Saturday 21 February 2009, 10am-1pm.

If you interested in attending this course, or finding out more about it please contact Veronica on 0161 339 4985 or by email veronica.hyde@t3sc.org



If you can't attend this date to find future sessions see: www.t3sc.org/childprotection.htm

Free training for staff and volunteers who work with families, children and teenagers

Have you heard of the common core of skills and knowledge that helps everyone in providing their service or activity? To find out more about the common core and the free training you can access, got to www.t3sc.org/othertraining.htm

Supporting Recovery workshop

Caring for a friend or loved one who has mental health problems and not sure how best to help them recover?



Following the success of our supporting recovery course in October 2008, Mood Swings is delighted to offer a chance to join us for a series of six free ½ day workshops, Tuesdays from February 2009.

Places are limited so **contact us now for more information and enrolment details:**

Tel: 0161 953 4105, email: admin@moodswings.org.uk

Mood Swings Network 23 New Mount St., Manchester M4 4DE

Reg. Charity No. 1077513

Level 3 City and Guilds - Qualification in Youth Work

Do you work with young people aged 13yrs to 19yrs on a regular basis in your community? Are you 18 years plus?

Tameside Youth Service is planning to deliver a 12 month VRQ/ NVQ level 3 Youth work training course from April 09 and have five free places available for staff from the community/ voluntary sector. You need to be currently delivering a programme of activities to young people aged 13 yrs – 19yrs and have 12 months experience

You will need to attend the college one evening per week with a minimum of 80% attendance. You will train alongside TMBC youth service staff and take part in group work session and debates and practical sessions such as the delivery of presentations. Your assessor will be a qualified youth worker from the youth service.

For further details, please contact Jose at Tameside Young Peoples Centre, Tel: 0161 336 6615, email: jose.johnson@tameside.gov.uk

Free community training - Sustainability and the built environment

This course is targeted at local people active in their communities and community support workers.

It is a 2 – 3 hour informal, interactive networking event to be held at the Friends Meeting house in Central Manchester on Tuesday 24 February, 5.30pm–8pm

It is aimed at raising awareness and sharing experience of sustainability issues and its growing importance in influencing the planning and other decisions made about the built environment in which we live.

For more information or to book a place please contact Jackie, Tel: 01254 820 996, 0777 9225 268, email: nwcp@planningaid.rtpi.org.uk, website: www.planningaid.rtpi.org.uk

Dates for your diary

- **Network meeting dates**
 - **Droylsden Together - networking event**
 - **Medlock Festival of Sport - Free sport for the whole family**
 - **Talk on The Mental Capacity Act**
 - **Tameside Health walks - get your walking boots on**
 - **TASCA Autism Awareness Day**
 - **Learn dance routines and new moves**
 - **Visting Author as part of Chinese New Year Celebrations**
 - **Accessible Cycling Experience – Everybody Cycling Event**
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Network meeting dates

February

5 – TCU Network (CYP) – meeting of strategic/governance representatives (for those working with families and young people), 10am -1pm, at T3SC.
Contact: veronica.hyde@t3sc.org

9 – Older People Partnership, 10am at TMBC,
Contact: colin.kirby@t3sc.org

9 – BME women’s meeting, 10am-12pm at T3SC.
Contact: hakeel.queshi@t3sc.org

9 February – Providers Forum - for individuals who run activities for the over 50’s, 10am at T3SC. Contact: colin.kirby@t3sc.org

11 – Crime and Disorder Partnership Network, 2pm - 4pm at T3SC, buffet lunch at 1pm.
Contact: colin.kirby@t3sc.org

10 – Health and Social Care Network – 12pm-2pm at T3SC
Contact: anna.hynes@t3sc.org

12 – BME network – 6.30pm-8.30pm

Contact: hakeel.gureshi@t3sc.org

Droylsden Together - Networking event

Wednesday 4 February, 7pm—9pm at Fairfield Youth and Community Centre, Grove Street, Droylsden, Manchester, M43 6TB

This meeting is for anybody who is involved in a voluntary or community group in Droylsden. Come and find out about the funds that you can apply for and the support you can get. It's your chance to see the new Directory of Droylsden Community Groups. Meet all the other people who run groups in Droylsden and find out how they cope and share tips.

For more information: contact Ruth Madden, Tel: 0161 339 4985, email: ruth.madden@t3sc.org

Health is for Life Health Fair 28 February at Hyde Market

The health fair will have stalls from local groups and organisations promoting all areas of health awareness



It is organised by NHS Tameside & Glossop and partners including T3SC.

It's a great chance for groups to network with other providers, attract new member in this busy area and showcase your work for free!

If you would like more information about the health fair or to book a stall please contact Joynal, Tel: 0161 304 5849, email: Joynal.miah@nhs.net

Medlock Festival of Sport - Free sport for the whole family Sunday 22 February, 10am - 4pm at Medlock Leisure Centre, Droylsden

Tameside Sports Development and Tameside Sports Trust in conjunction with Droylsden Sports Forum have arranged a sports festival in Droylsden.

Come and try a variety of FREE sports and physical activity such as cricket, yoga, health walks, football, swimming, canoeing, dance ... much more will be available on the day along with lots of free giveaways.

For further information:
contact Tameside



Sports Development on
0161 609 1277

Talk on The Mental Capacity Act
Wednesday 25 February, 7.30pm at the Broadoak Hotel, Broadoak Road,
Ashton-under-Lyne

Ashton Mencap Information and Drop In Service will be hosting a talk on 'The Mental Capacity Act 2005' which has been updated and also Court of Protection Issues and Lasting Powers of Attorney (formerly Enduring Powers of Attorney) followed by general questions.

Who for?

The purpose of the talk is to inform parents with children (now adults) with learning disabilities about the new law. If a parent dies, who has power of attorney to control their children's finances and what happens to the family estate etc?

The talk is for parents, carers and people working in Learning Disabilities.

Personal questions will be dealt with via appointment with the solicitors. The presentation will be by Bromley Hyde & Robinson Solicitors.

All are welcome and refreshments are provided.

For more information contact: john.mccormack22@btinternet.com,
Tel: 07967 957 201

Tameside Health walks - get your walking boots on

The Ashton Health Walks are a series of four routes, taken in rotation, covering the countryside around Ashton. The routes are between 2.75 and 3.50 miles long, all fairly flat and taken at a pace suitable for inexperienced walkers.

They take place every Wednesday at 11am and are open to everyone. Boots aren't actually necessary but stout footwear is recommended.

4 February – Broadoak Centre for Park Bridge

11 February – Bardsley Bridge for Daisy Nook

18 February– Broadoak Centre for Knott Hill



25 February – Portland Basin for Peak Forest Canal

For further information: contact Azara Azam, Tel: 0161 343 8162, email azara.azam@tameside.gov.uk or George, Tel: 0161 320 0430, email gicope@ntlworld.com

Tameside Action for Social Communication & Autism support group

Promotes



**World Autism
Awareness Day**

TASCA Autism Awareness Day

TASCA (Tameside Action for Social Communication and Autism support group) is holding an autism awareness open day on Thursday 2 April 9:30am-4pm at Dukinfield town hall in the jubilee room.

This open day is to promote the services and support on autism available to parents and carers alike. This would also be a great opportunity for professionals to find out more on autism to help and support children living within Tameside.

For more information on this event contact Valerie Bayley on 07931466417.

Learn dance routines and new moves

There is a new street dance class set up for both adults and children aged 11 plus. Its 50p for children aged 11 - 16 and £1.50 for 16 and above.

The sessions are held on Wednesday evenings 5pm – 6pm at Broadoak Community Centre Ashton-under-Lyne. The



session starts off with a fun 15 minute warm up, then 30 minutes learning a dance routine and finally 15 minutes toning up. The sessions are fun and interactive. They give the whole family chance to get fit together.

For more information on the sessions please call Stacey on 0161 343 8162 or 07870878739

Visting Author as part of Chinese New Year Celebrations

26 January was the Chinese New Year and 2009 is the year of the Ox. Tameside library has a series of events and visiting authors.

Author Liu Hong will visit Denton Library on Wednesday 11 February (2pm - 3.30pm) as part of the programme. She will be discussing contemporary Chinese writing as well as talking about her favourite books.

To reserve your free place for this event please phone the library on 0161 336 8234.

Accessible Cycling Experience – Everybody Cycling Event 19 February 2009, 10am-2pm at Richmond Street Athletics Track, Ashton-under-Lyne

Join us for an exciting all abilities cycling event. The event is in partnership with the Learning Disability Physiotherapy Team, Cycle-ops Adventure and Sports Development. All abilities are welcome and a hoist and sling will be available.

Trainees from The Park Café (a catering training resource for adults with learning disabilities) will be selling hot soup, sandwiches and drinks.



For more information about this exciting cycling event contact keith.lofthouse@nhs.net or tnike@nhs.net or Tel: 0161 342 5225

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