



Tameside 3rd Sector Coalition

Newsletter

Spring 2009

Making a difference to Tameside's Communities

A new Voice for Tameside

12 May 2009, 5pm-7.30pm at Hyde Town Hall

You can make a difference in your community

What Is Voice?

Since 2002 Voice, the 'network of networks', has been a meeting place for all community, voluntary and faith groups. It enables all kinds of Tameside groups and communities to influence key decisions that affect the community and voluntary sector.



'New' Voice is the result of a review T3SC has undertaken to ensure that Voice is effective. You have told us that Voice is a great means of gaining information, that people want to be more involved in decision making, and that we need to enhance and support the role of your elected representatives. **Come to the first new Voice meeting on 12 May.**

What Do You Think?

T3SC wants everyone to have a chance to respond to the final proposals for New Voice and so there is information and a feedback form enclosed with your newsletter (or visit www.t3sc.org/voice). We would really appreciate it if you take a moment to fill in the form and return it to us. If you would prefer to tell us your views face to face please join us at the **feedback meeting on Tuesday 31 March** at T3SC, 11.30am-2pm. If you will be staying for lunch, from 1pm-2pm, please contact Ben Gilchrist, Tel: 0161 339 4985, email: ben.gilchrist@t3sc.org
Ben Gilchrist, Policy and Participation Manager, T3SC

How is the credit crunch affecting your voluntary or community organisations?



- Are you seeing an increased demand for your services because of the credit crunch?
- Are you seeing a fall in income or donations?
- Have you received increased funding to enable you to respond to the current economic conditions?
- What additional things could T3SC and other partners be doing to help organisations cope in the current economic conditions?

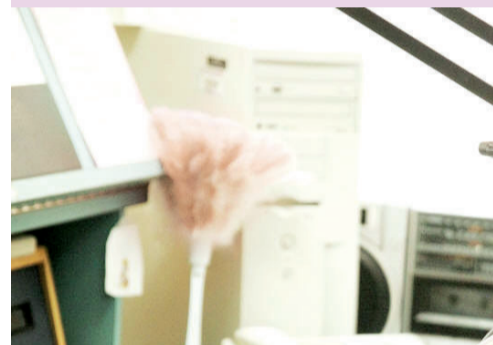
Tony Okotie, Director at T3SC, is keen to hear how the credit crunch is affecting voluntary and community organisations working in Tameside. It will help us to ensure that we can tailor our services appropriately, and to help us build a picture to inform strategic partners and to advocate for increased resources for the sector.

If you have any specific examples, thoughts or comments, please let Tony know, Tel: 0161 339 4985, email: tony.okotie@t3sc.org
Tony Okotie, Director T3SC

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Quick Questions with Ruth Madden



Ruth Madden works for T3SC as the Community Development Worker in Droylsden and has worked for T3SC for approximately four years.

How did you get to where you are?

Volunteer opportunities. I volunteered at a mental health project in east Manchester and eventually became the manager.

What one thing would you like to do in the next 12 months?

Meet President Obama for a cup of tea.

Who would you invite to a fantasy dinner party?

Brian, my partner.

Jeremy Brett (Sherlock Holmes) because of his links with mental health services.

My daughter Sally and son Christopher.

Obama, as I think we need to know politically what his ideas are.

Mohamed Seedat (T3SC) because he is a very gentle man.

What living person do you most admire and why?

Anybody who is community orientated as it takes a lot of hard work.

What would your super power be?

The ability to split myself into six so I could be in six places at once.

What was your worst job?

'Working at Stamford Park in the tea rooms. It was horrific! I had no training and it was a boiling hot day with people queuing out the door. I wasn't able to make matching coloured milkshakes which one customer insisted on. I left after one day.'

What's your most treasured possession?

A necklace given to me by my mum, who was given it by her mother.

What's your favourite smell?

Freesias.

What would you say is your greatest achievement?

Bringing two children up.

Who would you like to see an interview with?

Kieran Quinn - Councillor for Droylsden

If you can think of someone in Tameside's community, voluntary or faith sector that you would like to see an interview contact Hannah Powell on hannah.powell@t3sc.org, Tel: 0161 339 4985

We welcome Ben to T3SC

Ben Gilchrist is the new Policy and Participation Manager at T3SC.



'T3SC's Policy and Participation Team wants to make sure that voluntary and community groups get their voice heard on local issues.

My role is to manage the team supporting the range of different networks in Tameside (www.t3sc.org/networks.htm) and their representatives in decision making processes. Together we organise Voice - the network of networks - which is a great way to learn more, meet others and get involved. So do get in touch to find out more (see the Voice article on the front page).'

About Ben

'After studying international development with philosophy at Leeds University I worked for an international charity, Viva Network, helping community groups in different countries around the world organise networks of projects helping children at risk. On moving to Manchester five years ago I started working with SPEAK (www.speak.org.uk) a network of students and young adults campaigning and praying about global justice issues.

I live with my wife Laura in Old Trafford in a community house with three other people and my interests include politics, campaigning, good films and food, board games, surfing and canoeing.'

Ben Gilchrist, Policy and Participation Manager T3SC



Get your story on Tameside Radio

Tameside Radio has now been live on air for 16 months. There has been a steady increase in community content during that period but there is much, much more we can all do together.

We are planning to increase the direct activities of individual community groups so they can participate more in the spoken content of our broadcasts. We are planning to attend as many community groups' management committees as possible in 2009.

We would like every organisation to identify a volunteer reporter who is willing to be trained by us to write scripts, edit and record their organisation's personal message(s).



This can be anything from your recruitment of volunteers to informing the community of the services offered by you, or maybe advertising an event you are planning?

If any organisation would like to contact me, Tel 0787 757 5200, email: maria@tamesideradio.com

Maria Bailey, Community Outreach Officer, Tameside Radio

Drumming Workshops

Fancy learning something new, socialising, being active and making some noise?

WAD, West African Development Group, is starting drumming workshops on Thursday evenings in Ashton.



Sessions will be open from 6pm - 9pm but you can drop in whenever you can during these times.

Drumming is entertaining, helps you stay fit, gets your brain working and helps your rhythm. It is also a great social event and the workshops are open to everyone. You will learn a bit about what drumming means to West African cultures and the different styles. Drumming is a focal part of culture in the whole of Africa whether it is for story telling, communicating or for celebrations. If you are willing to have some fun, drumming could be for you.

Come and take out the stresses of your day on a drum and have some fun.

Sessions are £1 and the venue is to be confirmed.

For more information please contact Alade on aladesanni@westafricandevlopment.org.uk

Water Adventure Centre presents an International Women's Week Event

Friday 13 March, 7pm - 9.30pm at
The Aquatics Centre, Oxford Rd,
Manchester



Ever thought about doing something different?

Come and have a go at canoeing fun and games in the warm, safe environment of a swimming pool!

It will be held in the downstairs pool at the Aquatic Centre with a women only swim for all women and girls aged 13 and over. The women workers are youth workers and canoe coaches who will support you throughout the session.

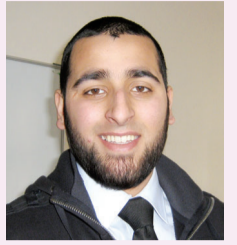
We will provide all safety equipment and canoes. The Aquatics Centre is an accessible venue and we positively encourage beginners and all abilities to attend.

Cost: Adults £3.10/ Concessions £1.90
(Cost payable to the Aquatics Centre)

Please let us know if you are coming, contact Water Adventure Centre (WAC) Tel 0161 301 2673, email wac.fun@zen.co.uk

Tameside Elders and Khush Amdid's Development Worker

Following several months of consultation and training, and an interview process conducted in conjunction with T3SC, Tameside Elders and Khush Amdid are pleased to announce that their new Development Worker, Ammer Ali, has started.



Ammer is well known locally through his work in local schools and with SPY (St Peter's Youth). Ammer commented about his new role 'I'm really looking forward to getting to know the groups and their members, and to helping them develop.'

Mossley Community Arts

In February Mossley Community Arts (MCA) retired from producing arts events.



We would like to thank all who have participated in our shows, both audiences and our many, many volunteers.

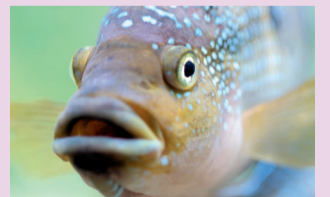
Over the last 20 years MCA has touched a huge number of people from all walks of life and all ages. We engaged with them in art and performance and feel sure that we will have affected them... in the nicest possible way.

We thank all our funders and patrons who supported us. These include Arts Council England, North West Arts, AGMA, TMBC, Manchester Airport, OMBC, Manchester International Arts to name but a few.

We also thank all the many local organisations in Mossley that have either worked with us on projects or helped us in some way, but mostly we thank the people of Mossley who have always supported our events come rain or shine... rain mostly!

Gordon Banks

Tootle Angling club



Tootle Angling Club is based in Hyde and currently has 72 members from across Tameside. They have their own well stocked waters and hold regular competitions. They have sessions specifically for retired people and Dad's and Kids sessions. If you are interested in joining the group please contact Mr Goodiers on 0161 612 9598.



TAMESIDE HOME SERVICES

Tameside Home Services is a local organisation providing practical and social support to mainly older people in their own home. Employing a small team of dedicated local staff who are all CRB screened and trained, we are happy to support people with a wide range of activities such as:

- General cleaning/laundry
- Intensive one off cleans/clean up after builders etc
- Preparation of meals/checking food supply
- Shopping/collecting benefits/prescriptions
- Accompanying people on trips/appointments
- Practical support following a spell in hospital

The service generally costs £7.80 per hour to people aged 65 years plus. **For more information** contact Tameside Home Services Tel: 0161 343 6582, website: www.tamesidehomeservices.com

A member of the team will arrange a home visit where we can discuss your personal requirements. People can use the service weekly/fortnightly or as a one off. We are happy to quote for a service to younger people who may not qualify for the £7.80 fee.

Greater Manchester Neurological Alliance is focusing on Tameside

Greater Manchester Neurological Alliance (GMNA) aims to give people with neurological conditions, injuries and disabilities a clearer voice in the services which affect their quality of life.



We have been working across Greater Manchester since 2005 and are now concentrating our efforts in Tameside. We would like to gather users/carers comments, ideas and concerns and to bring these to the attention of those who plan and provide the neurological services.

Our Co-ordinator would like to visit user or carer groups to explain more about our work and encourage feedback about the neurological services in Tameside.

If you are a member of a group and would like a visit, or you would like to request our questionnaire please contact Yvonne on 0161 742 7485 or email info@gmneuro.org.uk, **For more information:** www.gmneuro.org.uk

Friends of Copperas Field Fun Day

Friends of Copperas Field are hoping to transform Copperas Field (an underused field) into a green oasis in Droylsden to be used by the whole community.



'The field is situated between what is known locally as John Street estate and Buxton Lane estate. We feel that the field is mostly unused. This is a waste and with funding, determination and a lot of good will we hope to transform the area into a space that can be utilised in a way that can benefit the surrounding area. We aim to try to make the field a safer environment for activities to suit all ages and the wildlife.



Come along to our **Fun Day on Saturday 23 May 2009 at Copperas Field, Droylsden.** There will be face painting, martial arts demonstration, football tournament, coaching and more.

For more information contact Graham Halliwell, email: Grahamhalliwell@hotmail.co.uk, website: <http://sites.google.com/site/friendsofcopperasfields/>

Tameside's new canoe club

Tameside Canoe Club is now up and running and looking for members. We are hoping to have three one hour sessions at weekends starting March 2009
Juniors - Saturday 9am
Juniors - Saturday 10.15am
Seniors - Sunday 12.45pm



Tameside Canoe Club meet at the canal basin by Tesco's in Stalybridge. Our aim is to give people the chance to try the sport of Canoeing and Kayaking and also to develop through the British Canoe Union award scheme. Most of the junior sessions will take place on the canal. The senior sessions will be based on the canal but will also visit various rivers in the surrounding area.

All equipment will be provided all you need to do is contact Adrian on 07887 568794 and then turn up!
Adrian Redeyoff, Tameside Canoe Club

Changes at Tameside Blind Association



Vicky Kay is the new Development Worker for the Community Support Project at Tameside Blind Association (TBA). As well as Vicky's appointment there have been other changes with the office in Dukinfield having a much-needed revamp, including the painting of the main office, toilets, corridor and kitchen area.

Thank you

TBA would like to thank volunteer David Whitson who managed the project and all the volunteers who did all the hard work. The Department of Work and Pensions (DWP) provided us with the two groups of volunteers who have done a fantastic job! If you need volunteers for a similar project contact the DWP scheme via Andrea Clayson at andrea.clayson@jobcentreplus.gsi.gov.uk.

Blind and visually impaired awareness course

If you feel your organisations may benefit from an awareness course, please don't hesitate to contact us, Tel: 0161 343 4090/6903, email: tamesideblind.org.uk.

The Funky Lizard

Do you want to showcase your work with families, children and young people to everyone in Tameside? Do you want to find out about what Tameside Community Union network can do for you and your project?



Then The Funky Lizard is for you!

Come along to **Dukinfield Town Hall on Wednesday 6 May, 2pm - 7pm**

There will be an exciting programme consisting of inspiring speeches, awards, and a prize draw! You will get a chance to network with other people in the voluntary sector and with other agencies. Get involved in workshops which explain what the network has achieved so far and check what you want in the future.

There will be entertainment and delicious food, as well.

For more information, to have a stall, or book your place, please contact Veronica, Tel: 0161 339 4985, email: veronica.hyde@t3sc.org

PIP - Partnership Information Portal has been launched



The recent Tameside Strategic Partnership (TSP) annual conference saw the launch of the Partnership's new online data tool the Partnership Information Portal (PIP).

What is PIP?

PIP allows TSP members to access up-to-date demographic and socio-economic data on the borough along with comparative and trend data. The role of PIP is to aid understanding of what is happening in Tameside at ward, district assembly and borough wide level. Data can be viewed in table, map, graph and report formats.

Currently the system can only be accessed by registering with the council and gaining a password. Access is currently restricted to members of the TSP. If you do want to find out more about Tameside then visit: www.tamesidepip.org.uk

For more information contact Lorraine Kitching in the Policy Unit at Tameside Council on 0161 342 3503.

Tameside enterprising women's network

The Tameside Business Family, after a very successful consultation event, is now extending its business support services by launching the Enterprising Women's Network.



This is an extra service to the programme already on offer to existing businesses (including social enterprises) and start ups in the borough.

The first of four proposed events over the forthcoming year commences with: **Spring Fling! - Love Yourself / Love Your Business - Confidence Building for Business on Tues 21 April, 5.30pm - 9pm**

This is an event for women in business that incorporates seminars, networking and an opportunity to try or watch demo's of various beauty techniques and holistic therapies during the buffet supper afterwards.

For more information or to be put on the Women's Network please contact Dee Kearney, Tel: 0161 342 3641, email: deena.kearney@tameside.gov.uk

Network meeting dates

March

10 March - Tameside Community Union Representatives meeting, 10am-1pm at T3SC. Contact: veronica.hyde@t3sc.org

11 March - Health and Social Care Network meeting, 12pm-2pm at T3SC. Contact: anna.hynes@t3sc.org

12 March - LINK launch event, 10am-2pm at Hyde Town Hall. Contact: tamesidelink@t3sc.org

May

6 May - Funky Lizard, 2pm-7pm at Dukinfield Town Hall Contact: veronica.hyde@t3sc.org

11 May - BME Women's Network, 10am-12pm at T3SC Contact: hakeel.queshi@t3sc.org

13 May - Health and Social Care Network meeting, 6pm - 8pm. Contact: anna.hynes@t3sc.org

14 May - BME Network meeting, 6.30-8.30pm. Contact: hakeel.queshi@t3sc.org

18 May - FaithsUnited AGM, Dukinfield Town Hall, 5pm - 7pm. Contact: mohamed.seedat@t3sc.org

For updated meeting dates check our website: www.t3sc.org

Want to become a Health and Social Care Champion?

Tameside LINK (Local Involvement Network) is now up and running and we need YOU to get involved and help us make Tameside's health and social care services better for everyone.



The LINK is open to any resident or voluntary and community group in Tameside and there are loads of ways for you to get involved, from giving us your views about the services you receive, to responding to consultations on services, getting involved in one of our working groups or joining the LINK Board and helping to shape the work the LINK carries out!

The LINK will be holding its launch event at Hyde Town Hall on Thursday 12 March, 10am to 2pm. There will be a number of workshops, plus stalls giving health and social care information, advice and free health checks! There will also be a Health Question Time where you can put the local health and social care services professionals on the spot and ask them about your services.

The LINK has real powers which will make it a strong and effective voice for the local community. The people who run your local services have to listen to what it says, meaning you really CAN make a difference.

For more information, to get involved or to register for the launch event, call 0161 339 4985 or email: tamesidelink@t3sc.org, website: www.t3sc.org/LINK.htm



New Green interest Group

A new Green Interest Group has been set up and the second meeting will be in March.



A room has kindly been made available free of charge by IKEA. It is situated near to Ashton Bus and Train Stations and there are parking facilities at IKEA.

What we will cover?

How often we will meet and what we will cover will be decided at the initial meetings. Everyone is welcome to come along and make suggestions and we will take it from there. My personal view is that we look primarily at Tameside-wide earth, land, environmental issues, green and open spaces, land use, trees, plants and wildlife in the urban environment. Also water and air issues such as fluoridation and incineration.

For more information: contact Starlord, Tel: 0161 338 8465.

Tameside's Playday

Tameside's Playday, the annual celebration of children's right to play, takes place in early August 2009, with the theme Make Time!



This year we're asking everyone to make time for play - from parents, carers and teachers to policymakers and planners.

Everyone can make time to support children's right to play. If you are involved in play opportunities for children and adults alike and would like to be involved in play day - by either providing an activity or sending us information about your project - then please contact Veronica, Tel: 0161 339 4985, email: veronica.hyde@t3sc.org

FaithsUnited's achievements



Who are we?

FaithsUnited (Tameside) FU (T) has been working since its launch in 2004 to achieve its mission statement.

To be 'a network committed to developing friendship by increasing mutual understanding through dialogue, networking and engaging in joint action by members of faith communities for the benefit of the whole community.'

FaithUnited successes

Having fun and building positive cross faith relationships through shared activity was the message of the day, at the FaithsUnited (Tameside) Fun Day held in July 2008 at the King Georges Playing Field. The Event was organised by FaithsUnited (Tameside) with support from T3SC and the Tameside Arts and Events team. The deputy mayor of Tameside Cllr Brenda Warrington officially opened the free event where children and families could take part in a host of activities throughout the day. 'It was a good model of a diverse community coming together and enjoying themselves,' commented Theo Knight, Community Development Worker, St John's Church, Dukinfield.



Other success stories include the Faith - Environment - Water Conference in November 2006 attended by over 120 people and the Community Cohesion Conference in November 2007 which saw 25 young people participating in a workshop facilitated by young people.

Future Events:

Annual General Meeting: Monday 18 May 2009, 4pm - 7pm at Dukinfield Town Hall
Faith Walk and Picnic: Sunday 28 June 2009, 2pm - 5pm, Park Bridge, Ashton under-Lyne

For more information contact Mohamed Seedat, Tel: 0161 339 4985, email mohamed.seedat@t3sc.org

Funding support from T3SC

In the last quarter October - December 2008 T3SC helped 13 groups in Tameside raise **£75,394.91** with a variety of sized grants. £200 was secured by Trinity Mums and Tots from Tameside Metropolitan Borough Council District Assemblies. £25,000 was secured by Littlemoor War Memorial in Droylsden from the Fair Share Programme to erect a new fence around the area. We have also been busy encouraging and supporting groups to send in their applications to Awards for All (part of the National Lottery Funding) before the grant programme ends on 31 March.

We produce an emailed Funding Bulletin and have a Resource Room with a wealth of materials including the Funderfinder database and now access GRANTfinder too.

To see how we can help you please contact Naomi Creed, email: naomi.creed@t3sc.org, Tel: 0161 339 4985

Funding for counselling service



We are pleased to announce that Off The Record have been awarded three years funding from Comic Relief for a Domestic Violence Counsellor.

Off The Record is a counselling and training service working with young people aged 10 to 28 living in Tameside and Glossop.

Many young people living in Tameside and Glossop suffer as a result of domestic violence and the aim of the project is to provide them with support. Young people will have an opportunity to access a specialist counsellor in a safe, non-judgemental and supportive environment.



The counsellor will help young people to develop their own coping and managing strategies. Kay Stott, the new full-time counsellor will work in partnership with other support agencies. The sessions will take place at our Counselling Centre in Hyde, or in other locations where there is a need and a suitable space, such as a school or women's refuge.

For more information, please contact us, Tel: 0161 355 3553, email: office@offtherecord.demon.co.uk

Christmas came early for TASCA

On Christmas Eve TASCA (Tameside Action for Social Communication and Autism support group) received a cheque from the Community Foundation for Greater Manchester. The money is for members of the group and their families to go on several trips during school holidays and is all thanks to the help of Stuart Vaughan from Tameside 3rd Sector Coalition.



TASCA has a drop-in coffee morning once a month at Rose Hill Children's Centre in Ashton, where parents and carers meet to have a chat and pick up the latest information from TASCA's library.

They also have an exclusive event at the North West's largest play centre, Slide and Seek in Hyde, for their members and siblings.

TASCA is holding an **autism awareness open day at Dukinfield Town Hall on Thursday 2 April**, 9:30am-4pm where TASCA and professionals from Tameside involved with Autistic children will show what services and support is available to parents and carers. For more information contact Valerie Bayley, Tel: 07931466417, website www.tasca.org.uk

Rotary Club Funds available!



The Rotary Club of Ashton-under-Lyne organise a Father Christmas Float each year, which goes around the streets of Ashton for two weeks.



Most of the money raised is spent on local charities. Here are a few of the charities we donated to last year:

Tameside Talking Newspapers £500, Friends of Tameside

Young Carers £500, Community Support for the Blind £300 and Iris Gardening Club £100.

Are you looking for funding?

We will soon be organising the disbursements for this year and would be happy to hear from any registered Charity whose members are from Ashton. Apply in writing giving details of the amount of money needed and the reason for applying. Please write to Michael Craig, Rotary Club of Ashton-under-Lyne, c/o Portland Bistro, 1, Portland Place, Ashton-under-Lyne, Lancs. OL7 7QA. **Closing date 1 April.**

Success at Bangla Link

Bangla Link has been successful in obtaining three grants recently. Funding from Awards for All, Grassroots Grants and St Peter's Partnership will not only enable the group to continue with its base at Holy Trinity Church, Ashton, but also to put on a series of courses for members of their local community. Sewing, English as a Second Language and Food Hygiene are among the training sessions planned. These will help members of the group and of the local community to gain skills and experience, leading to greater confidence and enhanced employment opportunities.



Fareshare Warehouse Supervisor - Emerge Recycling

The opportunity

Emerge FareShare is an exciting project that collects food from supermarkets that's passed its sell by date but is still good to eat and gives it to communities in need such as homeless shelters.



We need depot supervisors to ensure the smooth running of the depot. This includes supervising volunteers, ensuring all paperwork is completed, maintaining data systems as required and working as part of a team to ensure that quality services are delivered to all customers.

The organisation

Emerge provides recycling and reuse services to businesses, homes and schools and promotes sustainable resource management advice through consultation and education services within the wider community.

www.emergemanchester.co.uk/

Skills/Qualifications

Literate and numerate. Ideally some experience of stock control systems and depot supervision. Excellent communication skills, experience of teamwork and supervision, ability to use IT equipment, ability to use initiative and have a problem-solving outlook. A high degree of personal motivation. Must be able to lift varying weights. Willingness to undertake any relevant training required. Commitment to the 3rs (Reduce, Reuse, Recycle) and basic understanding of waste management.

PR and Events Organiser - Jacks Little Stars Appeal

The opportunity

Rewarding opportunity to become part of a team, to help fundraise, have ideas, invite companies and the general public to help us achieve. Helping with the organisation of events and fundraising.



Every little helps!



The organisation

Jacks Little Stars Appeal helps children and their families through the effects of cancer. The aims of the charity are to relieve the needs of terminally ill children and their families by providing facilities, help and support.

Skills/Qualifications

A good personality, ability to make phone calls, caring, able to commit time, letter writing, empathy to families who are involved.

www.jacks-little-stars-appeal.co.uk

Charity Number:1116189

Calling BME organisations!



Are you involved with a Black Minority Ethnic (BME) organisation? Do you help to run your group for members of the BME community?

If the answer is yes and you recruit volunteers now, or would like to involve volunteers in the future - put this date in your diary!

Wednesday 4 March at T3SC, 5.45pm-8pm

A buffet will be served and there will be a choice of two workshops:

'Get your group ready for volunteers'

'How to keep volunteers when you've got them'

For more information contact Vashti on 0161 339 2345, email vashti@tamesidevb.org.uk

Volunteering can be life changing

Why not learn more about volunteering before applying for a post. Find out how volunteering could change your life by attending a two session course. Certificates will be awarded on completion. Lunch will be provided.

Hattersley - March 24 and 26

Volunteer Centre Tameside, Ashton - March 25 and 26

Denton - April 21 and 28

For more information contact Ben Stoddard, Tel: 0161 339 2345, www.tamesidevb.org.uk

Evening voluntary work

Tameside Hospital has a Mobility Scooter service, which takes patients who are unable to walk to their outpatient appointments on the hospital site. At present, the service works during 9am to 4pm from Monday to Friday but we would like to extend it to include evenings in order that patients who attend evening appointments can also access the service.



Are you interested in working as a scooter volunteer between the hours of 4pm to 7pm? If so, please contact the Voluntary Services Manager, Mrs Karen Eato on 0161 331 5335 to discuss or request an application form to do voluntary work at the hospital. Training is provided.

Volunteering opportunities



For more information on the Emerge Recycling or Jack's Little Stars Appeal volunteering opportunities please contact Tameside Volunteer Centre on 0161 339 2345 or see: www.tamesidevb.org.uk

Hattersley Healthy Walkers

Betty the pied piper

Hattersley Healthy Walkers have just celebrated their 10th anniversary and their 515th walk. They started with a local woman, Betty, going for walk with three friends around Hattersley. This began to grow and the group now has 50 members with, on average, 25 attending each walk.



The group do a lot of different walks in Tameside and beyond, from the hills to the canals. The Healthy Walkers meet every Tuesday morning and walk from 5-9 miles.

What difference it makes

The walking group makes a big difference to the members. A lot of the walkers live on their own and it is a great way for them to socialise and get healthy at the same time.



Funding

The group have recently secured funding from the Grassroots fund to pay for new T-shirts (see picture), the use of Hattersley Community Centre for meetings and to pay for walk leaders and training members to become leaders.



Walking for everyone

Regardless of your ability or pace they try and cater for you. Maureen the walk co-ordinator will tell you if it is a flat or hilly walk and there are points where if walkers don't want to continue they could go back or catch a bus. A number of the walkers have had hip or knee replacements or are recovering from illnesses. It is a great way to get fit and make friends and socialise. If you are from Hattersley and would like to get out walking contact Maureen on 0161 368 8686 or email: maureenagar@talktalk.net

Hattersley Yoga and Healthy Living group

Hattersley Yoga group meet every Thursday morning 9.30am-11.30am at Hattersley Community Centre and do gentle yoga (Hatha) with meditation and relaxation. The group is open to everyone male and female of any age.

'The tutor is flexible and tailors the exercise to everyone taking into account any problems they may have,' said Shirley from the group. 'We have a laugh, it's not too serious and she is careful to keep an eye on everyone.'



Funding success

The yoga group has recently received funding from the NHS for £2,500 and £200 from Help the Aged.



This will pay for the club to carry on through the year paying for the room and tutor and the £200 will be for a Spa day for the members.

'We got a lot of support from Naomi at T3SC,' said Shirley 'I also attended T3SC training in filling in a form and training on outcomes for what the funders will want. It was all very useful as I've never done it before.'

'Don't be scared

Shirley encourages new people to join and not to be scared of yoga. The classes are non confrontational, there is no pressure, you do what you can. 'As well as the health aspect it is a social event and afterwards we all go to the café for a cuppa and a chat.'

For more information contact Shirley Swain Tel: 0161 303 0757.

Hattersley and Mottram Community Media



Linda's story

Linda worked in the chippy for 11 and half years before working for Hattersley and Mottram Community Media (HMCM).

'I had done a few computer courses at the library but lacked confidence to do anything with them and Muriel told my friend to get me to come down and volunteer here. I volunteered for about 12 months and then a job came up as Admin Worker, I applied and got it. I love it.'

About the news

HMCM started, eight years ago, as community members wanted to have a local community newspaper as there was no central point for information in Hattersley. 'The Community News tells community stories and celebrates the successes of Hattersley people, which can encouraging others to give new things a try. It also gives people a voice on what's going on in the area because not everyone wants to go to meetings.'

The future

HMCM's future is about looking at how it can develop to ensure it is able to continue to produce the Hattersley and Mottram Community News. Muriel explained: 'Deveopments in new media through the internet is changing everything, free access to media is slowly changing the world.'

For more information see Hattersley and Mottram Community Media's website www.hmcm.org.uk/

T3SC Training

March

Raising your profile (Droylsden)

4 March, 10am-3pm, Droylsden
Training course on marketing and publicity - get your group noticed, attract new members and supporters.

Money Management - end of year accounts

12 March, 10am-2.30pm at T3SC
A really useful session to help you prepare the end of your financial year (paperwork, auditing, SORP requirements) plus tips on how to plan your finances and manage them.

Events-make them a success!

25 March, 10am-1pm
Organising an event? What will work? What doesn't work? We can help.

April

Demystifying Commissioning

21 April, 10am-1pm at T3SC
Training to help you become more competitive at winning tenders. Getting to grips with the basics

Are we all equal conference

22 April, Dukinfield Town Hall, 9.30am-4pm
Get a better understanding of equality and diversity at this event.

Contact hakeel.queshi@t3sc.org

Tel: 0161 339 4985

Introduction to being on a management committee

29 April, 10am-2.30pm at T3SC
A one-day course covering the roles and responsibilities of a committee and how to run successful meetings.

May

Winning tenders

19 May, 10am-1pm at T3SC
Understanding what makes a good answer. Find out the common pitfalls and how to avoid them. Get to know the process of tendering in detail and what is expected

Where?

The sessions above (apart from Raising your profile and the Are we all equal conference) will take place at T3SC, St. Michael's Court, St. Michael's Square, Stamford Street, Ashton-under-Lyne, OL6 6XN

To book contact Dawn or a member of Support and Development Team, Tel: 0161 339 4985, email: dawn.acton@t3sc.org

Ambulance Service Diversity Event



North West Ambulance Service NHS Trust

Come and celebrate Diversity with North West Ambulance Service

North West Ambulance Service NHS Trust (Nwas) will hold its first major community event of the year to celebrate diversity across the North West. Many representatives from different community groups are being invited to come together in Manchester on **Saturday 7 March at Bridgewater Hall**.

A workshop hosted by NHS Employers will help identify and tackle some of the perceived employment barriers. Representatives from the Trust's Human Resource department will also be on hand to give valuable advice and support to everyone who is interested in joining the service.

The event is free to participate and there is no charge for stands, a display area or to perform. The event is open to the public to attend.

If you, or your community organisation or group would like to be part of this event please contact Karen Fitzhenry, Tel: 01772773017, email: karen.fitzhenry@nwas.nhs.uk



T3SC Bespoke Training

Free bespoke training for your group - at the level, venue and time that suits you!

If you don't find what you are looking for here we can come to your group and deliver a training event free of charge on a topic that suits you.

We cover training on a range of topics including:

- **committee roles and responsibilities**
- **child protection**
- **funding**
- **setting up a group**
- **business planning etc.**

This list is not exhaustive so if you're in need of support or would like us to help your group develop, contact Naomi on 0161 339 4985, email naomi.creed@t3sc.org

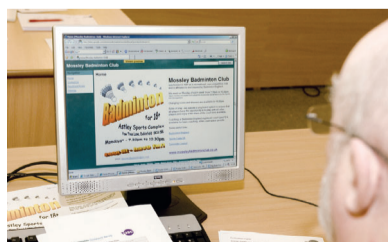
Training creates twelve new community group websites

Twelve Tameside community groups now have their own websites thanks to a web training event held in January by T3SC and run by Richard Nash from Tameside Business Family.

The 'Create your own website training' attracted 14 participants from 12 community organisations from Tameside. The aim was to show groups how easy it is to set up a free simple website. Individual support was provided to ensure that everyone left the morning session having created a simple website for their own community group.



'I found the set-up training great. Without it, I would never have had the confidence to start building a website myself.' *Eileen Monies, Chair, Stalybridge Voluntary Twinning Association.* www.stalybridge-arentieres.org.uk



'It was very helpful. As a complete novice I didn't know where to start and the hands on support with things like putting graphics in was great. The follow up support available is a huge help. I have now got a domain name I wanted.' *Adrian Brown, Mossley Badminton Club* www.mossleybadminton.co.uk


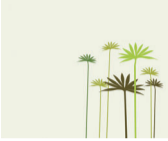

Here are a few of the other sites created:

- <http://sites.google.com/site/tamesiderteachers/> - Tameside Retired Teachers;
- <http://sites.google.com/site/thegreenparkcentre/> - The Green Park Centre;
- <http://sites.google.com/site/friendsofcopperasfields/> - Friends of Copperas Field
- <http://sites.google.com/site/friendsofmossleypark/> - Friends of Mossley Park

Dates for your diary

11



March 2009 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 	3	4 Raising your profile BME volunteers	5	6	7 Ambulance Diversity Event	8
9	10 TCU Network meeting	11 Health and Social Care Network	12 LINK Launch Money Mgmt	13 WAC Women's Event	14	15
16	17	18 	19 Equal Opps	20	21	22
23	24 April E-Bulletin deadline	25 Successful events	26	27	28	29
30	31 Voice feedback Awards for All deadline					

April 2009 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Rotary Club Fund deadline	2 TASCA Autism Awareness open Day	3	4	5
6	7	8	9	10 Good Friday	11 	12 Easter Sunday
13	14 	15	16	17	18	19
20	21 Demystifying commissioning	22	23 May E-Bulletin deadline	24	25 	26
27	28	29 Intro to being on Mgmt Committee	30			

May 2009 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4	5	6 Funky Lizard	7 Summer Newsletter deadline	8	9	10
11 BME Women's Network	12 	13 Health and Social Care Network	14 BME Network	15	16	17
18 FaithsUnited AGM	19 Winning tenders	20	21 June E-Bulletin deadline	22 	23 Copperas Field Fun Day	24
25	26	27	28	29	30	31

For more information on the events in the calendar please see the relevant article inside this Newsletter



What can T3SC do for you?

T3SC was established in 2001 as the Council for Voluntary Services in Tameside. It is an independent voluntary organisation and a registered charity (Charity Number: 1094744). T3SC helps local community groups with, amongst other things, setting up, applying for funding and general support and training. We help Tameside's community have a voice to make changes locally through our networks.

Who's who at T3SC:

Director - Tony Okotie, email: tony.okotie@t3sc.org

Deputy Director - Liz Welsh, email: liz.welsh@t3sc.org

Central Support Team

Office and Finance Manager - Helen Tallents, email: helen.tallents@t3sc.org

Central Support Worker - Sam McNicholls, email: samantha.mcnicholls@t3sc.org

Central Support Worker - Lilian Peace, email: lilian.peace@t3sc.org

Support and Development Team

Support and Development Manager - Naomi Creed, email: naomi.creed@t3sc.org

Development Worker - Dawn Acton, email: dawn.acton@t3sc.org

Development Worker - Ruth Madden, email: ruth.madden@t3sc.org

Development Worker - Stuart Vaughan, email: stuart.vaughan@t3sc.org

Droylsden Development Worker - Ruth Madden, email: ruth.madden@t3sc.org

Mobile Phone Number: 07979 700 682

Development Worker, Denton South - Rachael Atkin, email:

rachael.atkin@t3sc.org, Denton South Office Phone Number: 0161 337 8681

Information and Marketing Worker - Hannah Powell, email:

hannah.powell@t3sc.org

Policy and Participation Team

Policy and Participation Manager - Ben Gilchrist, email: ben.gilchrist@t3sc.org

Diversity Development Worker - Azzam Sheikh, email: azzam.sheikh@t3sc.org

Community Networker (Children's Agenda) - Veronica Hyde, email:

veronica.hyde@t3sc.org

Community Networker (Health) - Anna Hynes, email: anna.hynes@t3sc.org

BME Worker - Hakeel Qureshi, email: hakeel.qureshi@t3sc.org

Community Networker - Colin Kirby, email: colin.kirby@t3sc.org

Interfaith Networker - Mohamed Seedat, email: mohamed.seedat@t3sc.org

LINK - Local Involvement Network

LINK Co-ordinator - Kevin Peel, email: kevin.peel@t3sc.org

LINK Policy and Research Officer - Tahmena Khan, email:

tahmena.khan@t3sc.org

LINK Community Networker - Fouzia Shaikh, email: fouzia.shaikh@t3sc.org

Volunteer Photographer - Roy Potts

Tameside 3rd Sector Coalition

St Michael's Court, St Michael's Square, Stamford Street

Ashton-under-Lyne OL6 6XN, Tel: 0161 339 4985, Fax: 0161 339 0881,

Email: info@t3sc.org, Website: www.t3sc.org

Tell your story!

Did you know the T3SC Newsletter goes out to over 2000 people quarterly and the monthly -Bulletin goes to a growing group of 600. They provide a great opportunity to shout about your group or promote an event or training. Don't throw your newsletter away give it to a friend or recycle it.

If you are interested in having an article in the **T3SC Summer Newsletter** (June-August) the deadline is **7 May**.

The next **E-Bulletin** deadline is **24 March** for the April E-Bulletin.

If you have an idea but need help writing the article please contact me at hannah.powell@t3sc.org, call 0161 339 4985. Articles need to be around 150 words or less and it would be great if you could also send me a photo or two.

Thank you to everyone who provided articles for this Newsletter.

Please note that whilst T3SC make every effort to ensure information that we provide is accurate you are advised to check details with service providers as appropriate. The views expressed within are not necessarily those of T3SC, our staff or board.

How to find us

T3SC's office is in Ashton-under-Lyne Town Centre, about 10 minutes walk from both Ashton bus and train station. It is located in St Michael's Square at the end of Stamford Street, next to St Michael's Parish Church.

Car parking is available on Church Street for up to three hours and Wimpole Street for more than three hours. Please don't park in the courtyard of St Michaels Court. Disabled parking is available on premises, please ask for details. Tel: 0161 339 4985



Supported by
The National Lottery
through the Big Lottery Fund



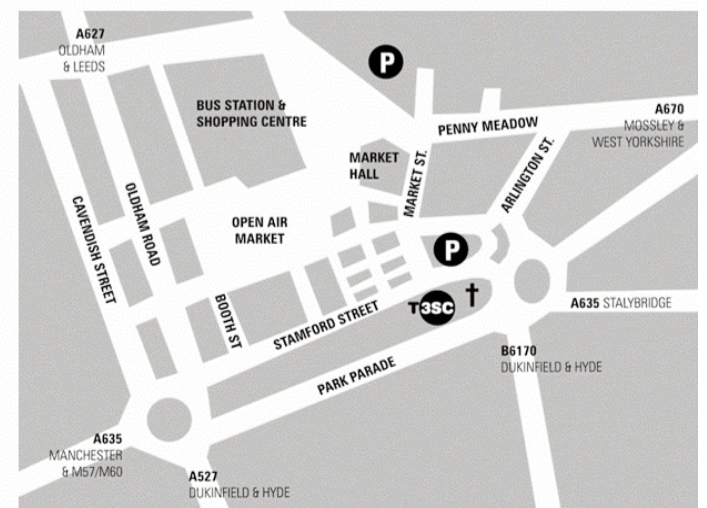
T3SC are a member of
NAVCA (National Association for Voluntary and Community Action)
and our work is supported by the following organisations:

Tameside and Glossop **NHS**
Primary Care Trust



NAVCA Quality Award

"An excellent council"



Tel: 0161 339 4985

www.t3sc.org

email:info@t3sc.org